

GET THE
LOOK!STEAL HER
STYLEMODEL AND ACTRESS, ROSIE
HUNTINGTON-WHITELEY**1 REEBOK ONE FIT CAPRI, £35, REEBOK.CO.UK**

Flatter womanly curves with colour blocking, to balance out your top and bottom half. Opt for a dark pair of leggings like Rosie's, to help create a long line and slim silhouette. This stylish staple is moisture-wicking, has a supportive fit and an antimicrobial gusset to keep sweaty odours in check.

2 GEL-ATTRACT 2, £85, ASICS.CO.UK

Rosie keeps her fitness look effortlessly stylish, but still knows the importance of donning a good pair of trainers. This pair from Asics are incredibly supportive and the gel cushioning system allows for a smooth transition during your running sessions – the perfect fit for pounding the pavements this winter.

3 HPE TRANSITION HOODIE, £70, HPECLOTHING.COM

Keep the sweaty chills at bay with a cosy hoodie like Rosie's. This similar one is designed to give the perfect fit, and the high collar and deep hood will keep you warm and toasty during the cooler months. It's ideal for wearing pre, and post-gym, or simply relaxing after a tough day.

4 NEW ERAMLB NEW YORK YANKEES 9FORTY CAP, £10, JDSPOUNTS.CO.UK

Keep your locks under wraps and your head warm on crisp winter workouts with this baseball cap. It's the exact hat that Rosie is wearing during her own fitness session! The white and navy cap has a curved peak and adjustable back fastening to ensure the most comfortable fit.

5 LORNA JANE RHIANAN SPORTS BRA, £41, ACTIVEINSTYLE.CO.UK

Rosie flaunts her super-toned tum in a chic black sports bra, and this similar one from Lorna Jane is perfect for high impact activities. The moisture-wicking, breathable and quick-drying fabric will keep you cool and comfortable throughout your sweaty session, plus the removable padding and double layer mesh back offers additional support. If you're not confident enough to bare your midriff, layer with a loose vest for a flattering finish.

