



# Condé Nast Traveller

SEPTEMBER 2013 £3.99

## THE NEW HOTEL TREND

OUR LOWDOWN ON THE WORLD'S LOVELIEST SMALL HOTELS

THE FRESH FACE OF

### THE GREEK ISLANDS

### BURMA

THE ULTIMATE TROPICAL ISLANDS THAT NOBODY ELSE KNOWS ABOUT

HOW FUNKY BRIGHTON IS HITTING A NEW HIGH

### ROME'S

HOTTEST NEW HOTEL OPENING

## ★ SOUTH OF FRANCE ★

THE BEST SECRET RESTAURANTS, VILLAGES AND PLACES TO STAY





Accessories, clockwise from top: XT Air Racer in salmon, £42, hpeclothing.com; Asics Ayami Zone, £65, sweatybetty.com; Elite swimming shorts, charcoal, £47.50, hpeclothing.com

here is nothing quite like a getaway with the person who knows you best – your mother. Total relaxation, total indulgence, and early nights. What's not to like? **The Capri Palace** is situated in the middle of the village of Anacapri on Italy's most fashionable island. A few metres away is where the Emperor Tiberius had slaves thrown down onto the rocks if they displeased him – a salutary lesson, but one you won't need if you chill out at the oh-so-glamorous Leg School at the hotel. It's where athletes pitch up to revive their aching muscles at the end of the season and where mega-models go to keep theirs in shape. When you are not wading through hot and icy pools you can admire the art collection, luxuriate on Loro Piano cashmere-covered sofas or head for the shops conveniently just on the doorstep. Find Via Camerelle and order sandals at Canfora, adored by Jackie O and Carla Bruni, and where every passing fashionista is sure to visit. They will only enhance your newly toned legs. From £280 per night ([capripalace.com](http://capripalace.com)).

## MOTHER COMES TOO

TAKE YOUR POOR LONG-SUFFERING MUM ON AN INDULGENT BREAK TO A SUPER-CHIC RETREAT, AND TAKE ADVANTAGE OF SOME (POSSIBLE) EARLY NIGHTS



Images, clockwise from top: the spa at the Capri Palace in Italy; the watsu pool at Kempinski Hotel Barbaros Bay; the pool at the Capri Palace

and yet relax in peace and quiet if you stay across the water at the **Kempinski Hotel Barbaros Bay** – the ideal place for peace and seclusion after a hectic day's shopping, museum musing or on the water. And while you can enjoy the usual spa treatments for face and body – ignore them for a *watsu* (a kind of underwater shiatsu) which induces near coma-like relaxation, and then head off to the silent beach

where all noise is banned (from phones, to music, to children). Bliss ([kempinski.com](http://kempinski.com)).

Bodrum – home to one of the seven wonders of the ancient world, the Mausoleum of Halicarnassus – is now famed for being the hippest resort in Turkey, rivalling St Tropez for glitz, glamour and fun. You can enjoy it all (the mausoleum or what's left of it, is a museum)

**HEAD OFF TO THE SILENT BEACH, WHERE ALL NOISE IS BANNED, FROM PHONES TO MUSIC TO CHILDREN**

Mum's definitely the word for this extravaganza to New York on board the **Queen Mary 2**. Straight out of Gatsby, this art deco-inspired floating pleasure palace promises an unforgettable experience, as does its two-deck Canyon Ranch spa. This is not a cruise, this is a crossing and the great Atlantic Ocean is part of the charm. On board, you will never be bored as they lay on talks,

lectures, games, movies and shows, plus a gym. And while you are borne along on the sea, the Aqua Therapy suite offers a different aquatic experience with its waterfalls, hydro pools, massage jets and a hammam, steam rooms and saunas. While away the time whittling your body into shape for the joys of the Big Apple. The best bit though is the early morning arrival when the Manhattan skyline opens up in front of you. Queen Mary 2 from Southampton to New York, from £1,899 per person ([cunard.co.uk](http://cunard.co.uk)).

