

Good fitness wear or equipment will always make us feel more motivated to work out. Here's our pick

# NEW KIT *wishlist*



✦ **HPE Luxe Transition Hoodie** is great to wear during a warm-up or cool-down (or just when you're relaxing!). In pretty salmon pink, £75 (pants, £70), both xs-large, [hpe-shop.com](http://hpe-shop.com).



✦ **Fitness-Mad Weighted Hoops** help to tone your abdomen and waist; choose 1.5kg or 2kg weights. From £28, [fitness-mad.com](http://fitness-mad.com).



✦ **Damart baselayer T-shirt** is made from their famous thermal material. In purple and black, xs/s or m/l, £39, [damart.co.uk](http://damart.co.uk).