



COOL AND COLLECTED

Understated collections that make ease of motion their top priority. Ideal for everything from yoga and exercise classes to lounging, these will be your go-to pieces for comfort.

Pepper & Mayne pepperandmayne.com

Wellicious wellicious.com

Five Feathers www.fivefeathersclothing.com

HPE Clothing hpe-shop.com

Left: vest, £69, and shorts, £48; hpe-shop.com.

Right: Studio pants, £85; pepperandmayne.com



COLOUR CRAZED

Choosing a bold colour is the best way to stand out and make a statement when you head to the gym. These brands offer high-spec designs in spectacular hues and prints.

Suki Shufu sukishufu.com

Bodyism
bodyism.com

Charli Cohen
charli-cohen.com

Hey Jo hey-jo.co

Left: Cassini leggings, £145; hey-jo.co. Right: jacket, £275, by Charli Cohen



FASHION FORWARD

For a workout wardrobe worthy of the catwalk but just as impressive on the treadmill, look to these brands for cutting-edge designs and magazine-worthy styling.

Michi michiny.com

Lucas Hugh lucashugh.com

Adidas by Stella McCartney adidas.co.uk

Process livetheprocess.com

Above: sweatshirt, £95, jacket, £265, shorts, £55, trainers, £115, and bum bag, £40, by Adidas by Stella McCartney. Right: Shard leggings, £225; lucashugh.com

