

VANTAGE

HAMPSTEAD EDITION: COVERING HAMPSTEAD, HIGHGATE, HAMPSTEAD HEATH, BELSIZE PARK AND WEST HAMPSTEAD

ISSUE 037 - £3.50

BOAT ENVY

DIVING HIGH ON THE
SUPERYACHT WAVE



*Summer
Frivolity*

EMBRACE THE
SOCIAL SEASON IN STYLE

HEALTH & FITNESS



EYE SPY

If squinting at your Kindle is ruining your poolside style, head to Roger Pope & Partners for a pair of prescription sunglasses. With frames from brands including Miu Miu and Burberry, your peepers will never have to suffer again.

41 New Cavendish Street, W1G

HPE HIP HOORAY

Designed and tailored to complement your shape, the new high summer through to autumn range from HPE includes new colours such as lagoon, salmon pink and charcoal. Known for its high-tech performance wear, local gym-bunny Sadie Frost is already a huge fan, and we think the trend will catch on fast following its Harrods launch in July. Ideal for a holiday run along the Riviera (or for those fleeting British scorchers) the UV-Stretch™ range is ultra violet resistant and also features FRESHFIT® and silver minerals delivering 40+ UVPF coverage, the highest achievable score for fabrics with a silver technology.

Available at Harrods, hpeclothing.com

INNER CHI

When scrolling through luxury treatment lists it's almost impossible to settle on one without feeling like you're missing out on another (seaweed wrap – but my toes need painting! Facial – what about my aching back?). That's why we love the integrated therapy treatment at Chi Yu; there's no list of what you can expect, as it's totally tailored to you. Book in for an hour, or maybe two, and your therapist will deliver anything from aromatherapy and reflexology, to craniosacral therapy and acupuncture, depending on your requirements that very moment. We went for a mixture of massage and reflexology and only wished there was a 24 hour option.

36 George Street, W1U, chi-yu.co.uk

