

HPE clothing

performance sports wear at its best

Did you know that every element of your training setup has an impact on your performance, including the clothing you wear?

HPE Clothing is a new high performance sport and yoga wear brand, designed and developed by Human Performance Specialist Nick Harris. It combines advanced fabric technology, thoughtful tailoring and stylish design, to withstand the rigours of intensive training, whilst still providing optimal comfort and enhancing performance.

Using his 15-years of experience working with Formula 1 world champions and Olympic medallists, Nick has created his own innovative clothing range to ensure peak performance when exercising, using a range of techniques including physical and mental training, nutrition and hydration planning to help his clients hone both body and mind to succeed.

Harris says: "As we exercise, the clothes and fabric we wear can have a big impact on our performance and can often prove to be a distraction, I have applied my experience of working with F1 drivers to develop a clothing range that will accelerate performance and avoid unnecessary injury when exercising, whatever your sport."

HPE Clothing (Human Performance Engineering) combines advanced Freshfit fabric and silver technology with thoughtful tailoring, to provide you with ultimate comfort and cutting-edge design as you train. There are two collections including the Formula40 Performance range, your ultimate training kit, and Yoga/Leisurewear, that offers a blend of comfort and styles. The range features classic vests, funky yoga pants and hoodies, which will transition perfectly from a yoga class to a casual Sunday morning at home.

Since its launch, HPE Clothing has gathered a loyal following of fans including radio presenter Lisa Snowdon, professional dancer and recent winner of Strictly Come Dancing Flavia Cacace as well as Wasps rugby player James Haskell and TV presenter Jake Humphries, all of whom have seen training and relaxing in their HPE clothing.

Take your fitness performance to the next level, without compromising on style and comfort, and opt for HPE Clothing. It's never been easier look and be your best.

To find out more visit hpe-shop.com