

# AIRASIA WORLD OF SPORTS

## ONE-ON-ONE WITH QPR'S FABIO DA SILVA

**AirAsia:** You left Brazil at a very young age to move to England. How did the move affect you?

**Fabio:** It was very difficult to leave my family. Of course, England is also very different from my own country; it is cold! Football too is very different here.

**AirAsia:** Was it difficult for you to learn English?

**Fabio:** I was taught English in school but never spoke the language in Brazil. It was only when I moved to England that I started to speak English. Only in this football season am I speaking English confidently. Furthermore, I am a shy person, which makes it hard for me to give media interviews in English. But I am getting better by the day.

**AirAsia:** How has it been being away from your brother Rafael?

**Fabio:** It is hard because we have always been together. It is difficult, but in a good way because the separation helps us mature in our sport.

**AirAsia:** Growing up, who was your biggest influence?

**Fabio:** That would be my mom and my dad. My mom helped me a lot to grow off the pitch. On the pitch, my dad and my older brother taught me a lot of things.

**AirAsia:** What is your favourite pre-match meal?

**Fabio:** Pasta, always pasta!

**AirAsia:** Who do you think is the stand-out, best player in QPR at the moment?

**Fabio:** Ha.. ha.., I can't answer this! There are a lot of great players in QPR.



## ENGINEERED FOR HIGH PERFORMANCE



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system for rapid wicking controlling fluid loss as you train, helping to maintain levels of hydration. The fabric is also embedded with antimicrobial silver particles, to effectively resist bacterial build up, which can have a significant impact on immune function. This range consists of compression tops, leggings, shorts and windbreaker jacket. The yoga/leisurewear range features vests, funky yoga pants and hoodies. Available at [www.hpe-shop.com](http://www.hpe-shop.com) and [www.airasiamegastore.com](http://www.airasiamegastore.com)



Designed and developed by Human Performance specialist Nick Harris, HPE is one of the official performance partners with Formula 1™ team Caterham F1. The compression tops and the Weekend outfit worn by AirAsia Flight Attendants were also designed by HPE Clothing.